



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF WASHINGTON COUNTY WATER SHARKS SWIM TEAM 2019-2020

Come join the fun! For ages 5 – 18 years.

8 and Under swimmers must be able to swim 25 yards (one length) continuously, without assistance or floatation.

9 and up swimmers must be able to swim 50 yards (2 lengths) continuously, without assistance or floatation using 2 of the 4 competitive strokes (freestyle, backstroke, breaststroke, or butterfly).

Parent Informational Meetings: 3rd Floor of the YMCA building.

- Sunday, September 15th at 1:00 P.M.
or
- Tuesday, September 17th at 6:00 P.M

New Swimmers will have a try on week for free starting **October 7th, 2019**

Returning swimmers will begin practice on **October 14th, 2019**

This will be the schedule for the upcoming season:

	Monday	Tuesday	Thursday
8 & Under	4:15–5:00 pm	No Practice	4:15–5:00 pm
9 & 10 years olds	5:00–5:45 pm	No Practice	5:00–5:45 pm
11 & 12 years olds	5:45–6:45 pm	No Practice	5:45–6:45 pm
13 - 18 years olds	7:00–8:15 pm	7:00–8:30 pm	7:00–8:15 pm

COACHES: Samantha Van Houten – Kathy Dolan

FEES: All swimmers must be YMCA members

\$150 per swimmer (dues need to be paid by October 16th)

*We will also have some items, such as swimsuits, jammers, and clothing from previous years available for purchase.

YMCA of WASHINGTON COUNTY IOWA
121 E Main Street Washington, Iowa 52353
Phone: 319-653-2141 Fax: 319-653-2142 www.washingtony.org