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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LIFEGUARD CERTIFICATION AMERICAN RED CROSS

## YMCA OF WASHINGTON COUNTY

### Will be offering Certification Class in May

This course is designed to give participants the basic skills and knowledge needed to be lifeguards in pools and aquatic environments. This comprehensive course offers up to date information on how to guard, anticipate, and prevent problems and to take action to help those in need. CPR, First Aid, and AED certifications are included in the cost of the program. MUST be able to swim 300 yards.

**AGES:** 15+

**WHEN:** **Certification Class** - Friday, Saturday & Sunday  
· May 17<sup>th</sup> - 19<sup>th</sup>

**TIME:** Friday 4pm - 9pm  
Saturday 8am - 8pm  
Sunday 8am - 4pm

**COST:** \$185

**WHERE:** Washington Community YMCA  
121 East Main St  
Washington, Ia. 52353

### TO REGISTER CALL:

Washington YMCA  
319-653-2141

### FOR MORE INFORMATION:



Nick Gearhart [aquatics@washingtoney.org](mailto:aquatics@washingtoney.org)

**Limited to 10 Participants!**