



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LIFEGUARD CERTIFICATION

## AMERICAN RED CROSS

### YMCA OF WASHINGTON COUNTY

This course is designed to give participants the basic skills and knowledge needed to be lifeguards in pools and aquatic environments. This comprehensive course offers up to date information on how to guard, anticipate, and prevent problems and to take action to help those in need. CPR, First Aid, and AED certifications are included in the cost of the program. MUST be able to swim 300 yards.

Lifeguards that work 100 hours before July 1st, 2020 for the Kalona City Pool or the Steele Aquatic Center, will be reimbursed for the lifeguard certification.

**AGES:** 15+

**WHEN:** Friday, March 13th  
Saturday & Sunday March 14th & 15th

**TIME:** Friday 4-10pm  
Saturday 11:30am - 9:30pm  
Sunday 8am - 5pm

**COST:** \$185

**WHERE:** Washington Community YMCA  
121 East Main St  
Washington, Ia. 52353

**TO REGISTER CALL:**

Washington YMCA  
319-653-2141

**FOR MORE INFORMATION:**

Nick Gearhart at [aquatics@washingtonty.org](mailto:aquatics@washingtonty.org) or [nickgearhart@hotmail.com](mailto:nickgearhart@hotmail.com)

**Limited to 10 Participants!**

