



# Washington YMCA Pool Schedule September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>ADULT LAP SWIM</b> 6-8am	<b>ADULT LAP SWIM</b> 5:45-7:45am	<b>ADULT LAP SWIM</b> 5:45-7:45am	<b>ADULT LAP SWIM</b> 5:45-7:45am	<b>ADULT LAP SWIM</b> 6-8am	<b>LAP SWIM</b> 7:15-9am
	<b>AQUAROBICS I</b> 8-8:45am				<b>AQUAROBICS I</b> 8-8:45am	<b>PRESCHOOL Level 1, 2</b> 9-9:30am
	<b>WATER WALKING</b> 8:45-9:30am				<b>WATER WALKING</b> 8:45-9:30am	<b>PRESCHOOL Level 3, 4</b> 9:30-10am
	<b>JOINT EFFORT</b> 9:30-10:15am				<b>JOINT EFFORT</b> 9:30-10:15am	<b>SCHOOL AGE Level 1, 2, 3</b> 10-10:45am
	<b>AQUAROBICS II</b> 10:30-11:15am				<b>AQUAROBICS II</b> 10:30-11:15am	<b>SCHOOL AGE Level 4, 5, 6</b> 10:45-11:30am
	<b>WATER WALKING ADULT LAPSWIM</b> 11:15-1:00pm	<b>LAP SWIM</b> 11:30am-12:30pm	<b>ADULT LAP SWIM</b> 11:30-1:00pm	<b>LAP SWIM</b> 11:30am-12:30pm	<b>WATER WALKING ADULT LAP SWIM</b> 11:15-1:00pm	<b>OPEN SWIM</b> 11:30-12:45 pm
		<b>SCHOOL AGE 1,2,3</b> 3:45-4:30pm	<b>OPEN SWIM</b> 3:00-4pm		<b>OPEN SWIM</b> 3:30-5pm	
		<b>BabyClass</b> 4:30-5pm	<b>PRESCHOOL Level 1, 2</b> 4-4:30pm			
		<b>JOINT EFFORT</b> 5:00-5:45pm	<b>SCHOOL AGE Level 1,2</b> 4:30-5:15pm	<b>JOINT EFFORT</b> 5-5:45pm		
			<b>PRIVATE LESSONS</b> 5:30-8PM			

**\*POOL SCHEDULE IS SUBJECT TO CHANGE DUE TO STAFFING AVAILABILITY**

swim team website

[www.teamunify.com/ymca-2229](http://www.teamunify.com/ymca-2229)

YMCA website

[www.washingtony.org](http://www.washingtony.org)

**YMCA OF WASHINGTON COUNTY 319 653-2141**

8/19/2019

**\*Fall lessons will begin September 10th**

**\*Aqua Tabata classes will start in October**