



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# STROLLER STRONG

Meet our parent walking group at the Washington Y to enhance your health, entertain your child, and socialize with others!



**Join Us!**

**9am**



**Starting June 17th!**  
**Stroller Strong**  
**Mondays & Wednesdays**  
**YMCA of Washington County**  
**Members: FREE**  
**Non-Members: \$10/month**

**FOR MORE INFORMATION:**  
**Erin Almelien**  
**(319) 461-9362**

[www.washingtony.org](http://www.washingtony.org)

