



## Speed and Agility Program

Boys and Girls grades 5<sup>th</sup>-8<sup>th</sup> (entering)

Tuesdays and Thursdays August 2<sup>nd</sup> -21<sup>st</sup> @ 8-9am

Kalona City Park

\$25 for members / \$40 for non-members

Program led by Jeff Swartzendruber and Marcus Hall

Child name \_\_\_\_\_ Grade \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ CellPhone \_\_\_\_\_

**T-Shirt** (circle one) YM YL AS AM AL

**YMCA MEMBER? YES or NO**

Waiver of Liability: I understand that even when reasonable precaution is taken, accidents sometimes happen. Therefore in exchange for the Kalona Rec Center / YMCA allowing my child to participate in Youth Sports Camp, I understand and expressly acknowledge that I release the Kalona Rec Center /YMCA from all liability for injury loss and damage connected in any way whatsoever to my child. I understand this release includes claims of negligence, action or inaction of staff, directors, guest or volunteers.

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date

To register stop in to any Washington County YMCA location or contact  
Marcus at [kalonay@washingtonty.org](mailto:kalonay@washingtonty.org) or 319-656-2400.

\*YMCA Youth Memberships are \$75/year\* Ask how to sign your child up today. Financial  
Assistance available. Contact Marcus Hall 319-656-2400 for details.