



HARDWOOD ACADEMY

Marcus Hall

IAHSAA & USA Certified Basketball Coach with 10+ years of HS/youth coaching & training experience.



“Don’t rest in the middle, rest at the end.”
~ Kobe Bryant

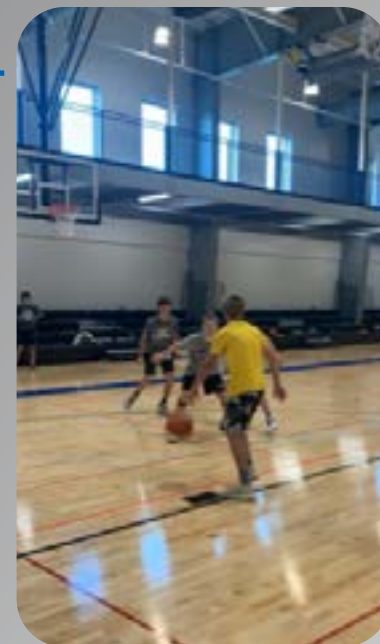
BASKETBALL TRAINING

For players that are serious about advancing their game with consistent, focused, and intense training sessions. Areas of focus for the camp include:

- Ball handling development-control & strength drills along with game situation
- Footwork development in the post & on perimeter
- How to score in a team concept
- Finishing at the basket variations & repetition
- How to be a good passer mentally, skill & awareness
- Defensive attitude, awareness & technique - on & off the ball
- Transition work-dynamics of a good break & conditioning
- Basketball specific agility & strength excersises
- Shooting development & increasing scoring moves/options
- Developing toughness, effective communication habits & a competitive attitude



DEDICATION DETERMINATION HARDWORK



TAKE YOUR GAME TO THE NEXT LEVEL

RATES

Session (1 hour)	Member	Non-Member
Package Rates for Individuals		
5 sessions	\$160 (\$32 ea.)	\$235 (\$47 ea.)
10 sessions	\$300 (\$30 ea.)	\$450 (\$45 ea.)
15 sessions	\$435 (\$29 ea.)	\$645 (\$43 ea.)
20 sessions	\$560 (\$28 ea.)	\$800 (\$40 ea.)
Student Group Rate (2-3 students)		
Individual	\$35	\$40 + Day Pass
2 students	\$15 ea.	\$20 + Day Pass ea.
3 students	\$10 ea.	\$15 + Day Pass ea.

*ALL SESSIONS MUST BE USED WITHIN 6 MONTHS OF PACKAGE PURCHASE

**ALL SESSIONS MUST BE PAID IN ADVANCE

Contact Information

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