



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TAE KWON DO CLASSES

STARTING JUNE 2021!

WASHINGTON COMMUNITY Y



Tanner Wenger, Instructor

Jung's Tae Kwon Do
5th Degree Black Belt

Ages 6+
Tue & Thu 7pm

FEE:
\$40/month Member
\$50/month Non-Member

Learn why Tae Kwon Do is the most popular martial art in the world!

- Learn respect, honor, self-confidence
- Get in the best shape of your life
- Train your mind, body and spirit
- Develop coordination
- Discipline
- Self-control
- Balance
- Self-defense



TAE KWON DO REGISTRATION FORM Member \$40 /month Non-Member \$50/month
Please make checks payable to YMCA of WASHINGTON COUNTY

Participant's Name: _____ M / F (circle) Age: _____

Address: _____

Phone: _____ Email: _____

Waiver of Liability: I recognize this program may involve strenuous activity including, but not limited to, muscle strength and endurance training, cardiovascular conditioning and training, and other various fitness activities. I hereby affirm that I am in good physical condition and do not suffer from any known disability or condition which would prevent or limit my participation in this exercise program. I acknowledge that my enrollment and subsequent participation is purely voluntary. I hereby release the YMCA of Washington County, the Tae kwon do program instructor and any program volunteers from any claims, demands, and causes of action, now or in the future, as a result of my voluntary participation and enrollment. "I fully understand that I may injure myself as a result of my enrollment and subsequent participation in this program. "I HEREBY AFFIRM THAT I HAVE READ AND FULLY UNDERSTAND THE ABOVE STATEMENTS.

(Participant Signature) _____ (Date) _____

(Parental Signature if Participant is a Minor) _____