



YMCA OF WASHINGTON COUNTY FITNESS CLASS POLICIES AND PROCEDURES

Class Registration:

1. Participants must register for classes. This can be done through their Motionvibe account. See the Group Fitness Registration procedure.
2. Class registration for each class opens 1 week prior to the day of the class. Registrations open daily at 5am.
3. Members can register through the YMCA of Wash County phone app or on the YMCA of Washington County website. If you need assistance, stop in or call any of our 3 locations: Wellman, Kalona, or Washington.
4. If classes are full, members can still register and be put on a wait list. If an opening becomes available, the member will be notified by email.
5. Non-member rate for a Group Fitness Class is \$10 per class. Aquatics classes are \$8 per class (youth/teen/seniors \$5). Registration must be done at the membership desk prior to class.

Class Cancellation: Classes can be CANCELLED for the following reasons:

1. Weather related (severe weather).
2. No instructor
3. Low participation numbers
4. Registered participants will be notified of cancellations by email or text.

Class Attendance:

1. Participants for Group Fitness Classes must be:
 - 16 or older to register.
 - Ages 13 - 15 must be registered by parent or legal guardian and they must attend each class with the youth.
2. Participants need to check in to class at least 10 minutes prior to class starting. Otherwise the spot would be open to someone on the wait list, if they are in the facility. If not, the spot would be open to anyone in the facility to register.
3. If you are unable to attend a class you are registered for, please unregister within 24 hours of class time if at all possible. This allows those on the wait list to have time to be notified of the opening. This can be done in the site where they registered. Simply select **Unregister** next to your class.

Cleaning:

We ask that all participants thoroughly wipe down all equipment used after each class.