



YMCA of Washington County Iowa

520 W 5th Street, PO Box 887

Washington, IA 52353

Ph: 319 653-2141 Fax: 319 653-2142

www.washingtoney.org

Y ETIQUETTE

- We ask that you obey all posted signs and requests from YMCA staff.
- Please be courteous and practice good hygiene and modesty in the showers and locker rooms.
- Please shower thoroughly before using the pools, sauna, or whirlpool and refrain from washing, shaving or using oils in these areas.
- For safety reasons, please leave jackets and bags in the locker room rather than bringing them to the gym, studios, strength and conditioning areas or pool deck.
- Padlocks for use in the general use locker room may be checked out at the front desk with your membership card. This is recommended to keep possessions safe while working out or swimming.
- You must change your shoes prior to entering the fitness floor or gym area.
- Members are responsible for returning all gym equipment to its proper place after usage and leave the gym the way you found it. This could mean replacement cost for lost or damaged equipment will be the responsibility of the member.
- Head phones are to be used at all times when listening to music in the gym.
- Appropriate and modest gym attire should be worn and clean shoes must be worn at all times.
- Appropriate and modest swim attire should be worn at all times in the pool area. Swim attire should not be worn outside of the pool and locker room areas.
- Members are required to wipe down all equipment when finished with a machine.
- Food and glass containers are not permitted in any activity areas or the pool deck.
- We ask parents to enforce appropriate behavior to ensure their children's safety.
- Unsafe, disrespectful or inappropriate behavior could result in removal of membership/program privileges.