



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRAINED TO SAVE American Red Cross LIFEGUARD CERTIFICATION



BLENDLED LEARNING COURSE

AGE: 15+

TIMES: Friday, December 1st • 6pm - 8pm
Saturday, December 2nd • 8am - 5pm
Sunday, December 3rd • 8am - 5pm

COST: \$200

WHERE: Washington Community Y Indoor Aquatic Facility
121 East Main St., Washington, IA 52353

TO REGISTER CALL: 319-653-6500

This course is designed to give participants the basic skills and knowledge needed to be lifeguards in pools and aquatic environments.

This comprehensive course offers up to date information on how to guard, anticipate, and prevent problems and to take action to help those in need. CPR, First Aid, and AED certifications are included in the cost of the program.

MUST be able to demonstrate side breathing while swimming 300 yards.

Questions?

Samantha VanHouten | swimteam@washingtoney.org | 319-653-6500

Recertification Class:

December 16th
9am-3pm
Cost: \$85