



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TAE KWON DO CLASSES

## WASHINGTON COMMUNITY Y



**Tanner Wenger,**  
Instructor  
Jung's Tae Kwon Do  
5<sup>th</sup> Degree Black Belt

**Ages 6-7**  
**Tue & Thu**  
**6:30-7pm**  
FEE:  
\$20/month Member  
\$30/month Non-Member

**Ages 8 & Up**  
**Tue & Thu**  
**7-8pm**  
FEE:  
\$40/month Member  
\$50/month Non-Member

**Learn why Tae Kwon Do is the most popular martial art in the world!**

- Learn respect, honor, self-confidence
- Get in the best shape of your life
- Train your mind, body and spirit
- Develop coordination
- Discipline
- Self-control
- Balance
- Self-defense



### TAE KWON DO REGISTRATION FORM

Ages 7 & under Member \$20 /month Non-Member \$30/month Ages 8 & older Member \$40 /month Non-Member \$50/month Please make checks payable to YMCA of WASHINGTON COUNTY

**Remind App: Text @washytk to 81010 to join!**

Participant's Name: \_\_\_\_\_ M/F (circle) Age: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Waiver of Liability: I recognize this program may involve strenuous activity including, but not limited to, muscle strength and endurance training, cardiovascular conditioning and training, and other various fitness activities. I hereby affirm that I am in good physical condition and do not suffer from any known disability or condition which would prevent or limit my participation in this exercise program. I acknowledge that my enrollment and subsequent participation is purely voluntary. I hereby release the YMCA of Washington County, the Tae kwon do program instructor and any program volunteers from any claims, demands, and causes of action, now or in the future, as a result of my voluntary participation and enrollment. "I fully understand that I may injure myself as a result of my enrollment and subsequent participation in this program. "I HEREBY AFFIRM THAT I HAVE READ AND FULLY UNDERSTAND THE ABOVE STATEMENTS.

(Participant Signature) \_\_\_\_\_ (Date) \_\_\_\_\_

(Parental Signature if Participant is a Minor) \_\_\_\_\_