



MODESTY & ATTIRE AT THE Y

THANK YOU FOR PRACTICING MODESTY

Our Y is a family-friendly organization committed to Everyone's health, safety, and wellbeing. At the Y, we practice modesty throughout our building, including in our locker rooms.

Suits are required in the pool. Swim attire should only be worn in and around the pool area.

Proper workout attire and clean gym shoes must be worn when working out. Please wear appropriate attire; tops should cover full torso, full coverage shorts need to cover the glutes. Clothing with offensive or derogatory language or images are prohibited.

Our goal is to provide safe spaces where everyone feels comfortable. One way we do this is through increased privacy, nudity in shared locker room spaces is prohibited. Use a private shower stall or wear a swimsuit if using a communal shower space. When changing, please use a private changing stall. All private parts must be covered when in shared locker room spaces.

Thank you!