

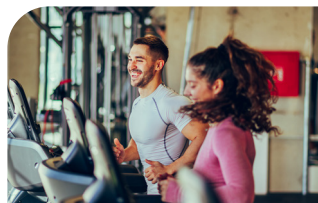
Free YMCA memberships for Molina members



Molina Healthcare of Iowa is proud to partner with the YMCA to offer a free membership. The YMCA membership gives you access to state-of-the-art facilities and programs, as well as a sense of well-being and belonging. It's a great way to stay healthy and active!

Here's what you need to know:

- Use at partnering **YMCA locations across Iowa***
- Membership is available to members of all ages
- Member must have completed an annual physical or well-child visit each year



* See reverse for a list of partnering YMCA locations.

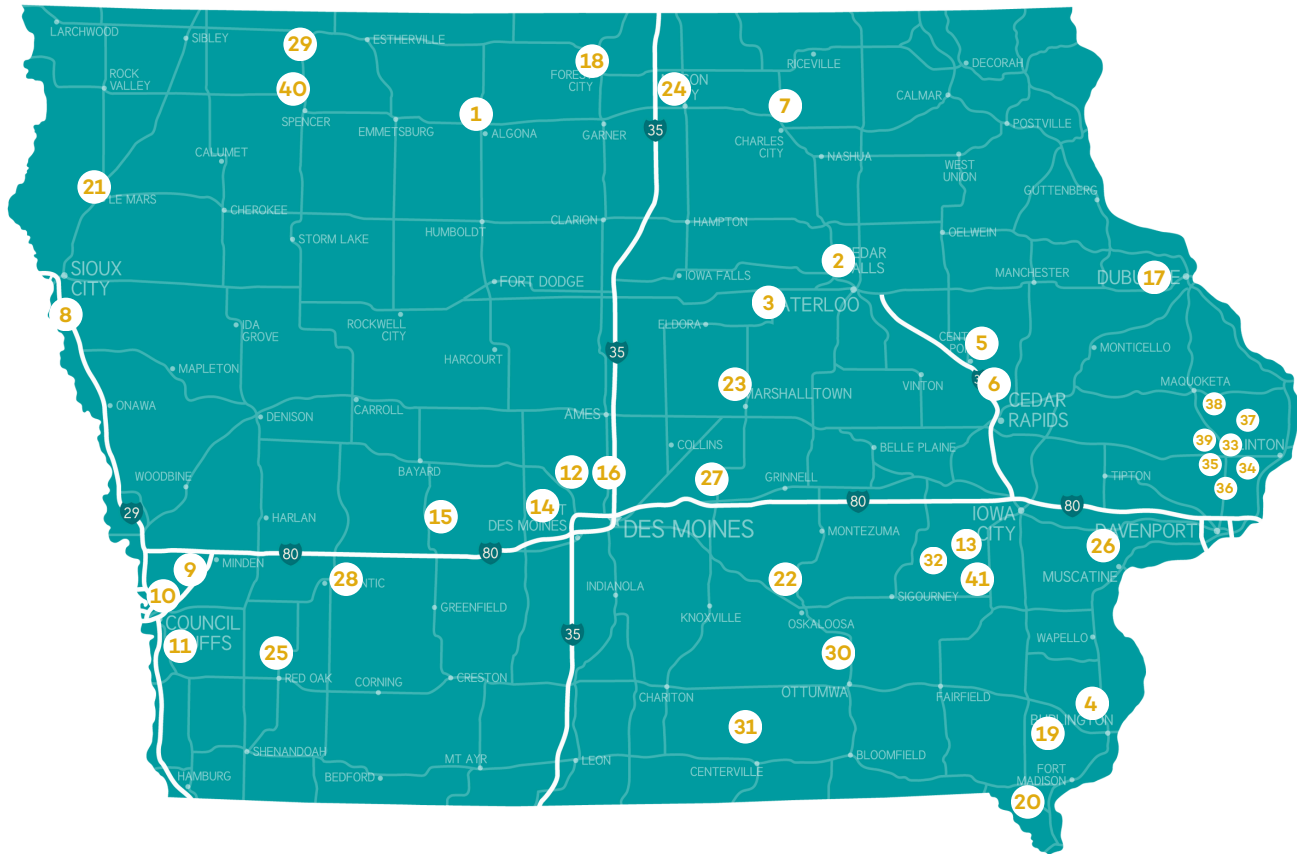


Molina Healthcare of Iowa (Molina) complies with all Federal civil rights laws that relate to health care services. Molina offers health care services to all members without regard to race, color, national origin, age, disability, or sex.

Language Assistance Molina Healthcare of Iowa Member Services: (844) 236-0894 (TTY: 711)

English: Language assistance services, auxiliary aids and services, larger font, oral translation, and other alternative formats are available to you at no cost. To obtain this, please call the number above. Español (Spanish): Servicios de asistencia de idiomas, ayudas y servicios auxiliares, traducción oral y escrita en letra más grande y otros formatos alternativos están disponibles para usted sin ningún costo. Para obtener esto, llame al número de arriba.

YMCA locations across Iowa*



1. Algona Family YMCA
2. Family YMCA of Black Hawk County
3. Grundy Family YMCA
4. Burlington Area YMCA
5. Helen G. Nassif YMCA
6. Marion YMCA
7. Family YMCA of Charles City Iowa
8. Norm Waitt Senior YMCA
9. Charles E. Lakin YMCA
10. YMCA Healthy Living Center
11. Mills County YMCA
12. YMCA of Greater Des Moines
13. Kalona YMCA Rec Center
14. Walnut Creek Family YMCA
15. Waukee Family YMCA
16. John R Grubb Community YMCA
17. YMCA of Dubuque Iowa
18. YMCA of Forest City Iowa
19. Fort Madison Family YMCA
20. Hoerner YMCA
21. Le Mars Area Family YMCA
22. Mahaska County YMCA
23. YMCA of Marshalltown Iowa
24. Mason City Family YMCA
25. Montgomery County Family YMCA
26. Muscatine Community YMCA
27. YMCA of Newton Iowa Inc.
28. Nishna Valley Family YMCA
29. YMCA of the Okoboji
30. YMCA of Ottumwa Iowa
31. Rathbun Lake Area YMCA
32. Wellman Parkside YMCA
33. Bettendorf Family YMCA
34. Utica Ridge YMCA
35. West Family YMCA
36. R. Richard Bittner YMCA
37. North Family YMCA
38. Maquoketa Area Family YMCA
39. North Scott Community YMCA
40. YMCA of Spencer Iowa
41. YMCA of Washington Iowa