



STRONG SWIMMERS CONFIDENT KIDS



REGISTRATION

Members- Tuesday, August 26th

Non-Members- September 2nd

To Learn more about this program contact
YMCA of Washington County
520 W. 5th St. Washington, IA 52353
319-653-2141

YMCA Fall 2025 - Indoor Swim Lessons

Mondays & Wednesdays - Starting 9/8 - 9/24

Twice a week for 3 weeks

Level 1 - 5:00-5:30pm

Level 2 - 5:30-6:00pm

Level 5/6 - 6:00-6:45pm

Tuesdays & Thursdays - Starting 9/9 - 9/25

Twice a week for 3 weeks

Level 3 - 5:00-5:30pm

Level 4 - 5:30-6:00pm

Parent/Tot (Instructor-guided/Parent is in water with child) - 6:00-6:30pm

Saturday - Starting 9/13 - 10/18

Once a week for 6 weeks

Level 1 - 8:30-9:00am

Level 2 - 9:00-9:30am

Level 3 - 9:30-10:00am

Level 1 - Learn to go underwater voluntarily

Level 2 - Learn to float on their front and back on their own

Level 3 - Learn to swim 10 yards on their front and back

Level 4 - Learn to swim 15 yards using the front and back crawl

Level 5 - Learn to swim on front, back, and backstroke across pool

Level 6 - Learn to swim on front, back, and backstroke across pool and back

Learn more about Larry's Lessons to receive free swim lessons by completing the scholarship application found on www.washingtony.org

Children may only be signed up for one lesson, per session. Sessions will be held monthly

COST:

**\$60 for
members**

**\$100 for non-
members**



**SWIM LESSONS
FOR KIDS
ENROLLED IN
Y KIDS PROGRAM**

Registration opens
Members: August 26th
Non-Members: September 2nd
Call 319-653-2141 to reserve
your spot!



YMCA Fall 2025 - Indoor Swim Lessons

Mondays & Wednesdays - Starting 9/8 - 9/24

Twice a week for 3 weeks

Level 2 - 3:45-4:15pm

Level 3/4 - 4:15-4:45pm

Y KIDS COST:

Member: \$48

Non-Member: \$80

Discount already applied

Level 2 - Learn to float on their front and back on their own

Level 3 - Learn to swim 10 yards on their front and back

Level 4 - Learn to swim 15 yards using the front and back crawl

If these dates and/or times do not work for your Y Kids, please refer to the other Fall Swim Lessons flyer for additional opportunities

If you choose to sign your child up for these specific lessons, Y Kids Staff will take them to and from these lessons. Any other lessons outside of this timeframe, kids will need to be accompanied by a parent/guardian.

Children may only be signed up for one lesson, per session. Sessions will be held monthly