



# STRONG SWIMMERS CONFIDENT KIDS



## REGISTRATION

Members- September 22nd

Non-Members- September 29th

To Learn more about this program contact  
YMCA of Washington County  
520 W. 5<sup>th</sup> St. Washington, IA 52353  
319-653-2141

## YMCA Fall 2025 - Indoor Swim Lessons

**Mondays & Wednesdays**

**10/6 - 10/22**

Twice a week for 3 weeks

Level 1 - 5:00-5:30pm

Level 2 - 5:30-6:00pm

Level 3 - 6:00-6:30pm

**COST:**

**\$60 for  
members**

**\$100 for non-  
members**

**Level 1 - Learn to go underwater voluntarily**

**Level 2 - Learn to float on their front and back on their own**

**Level 3 - Learn to swim 10 yards on their front and back**

**Level 4 - Learn to swim 15 yards using the front and back crawl**

**Level 5 - Learn to swim on front, back, and backstroke across pool**

**Level 6 - Learn to swim on front, back, and backstroke across pool and back**

Learn more about Larry's Lessons to receive free swim lessons by completing the scholarship application found on [www.washingtony.org](http://www.washingtony.org)

**Children may only be signed up for one lesson, per session. Sessions will be held monthly**



**SWIM LESSONS  
FOR KIDS  
ENROLLED IN  
Y KIDS PROGRAM**

Registration opens  
Sept. 22nd

Call 319-653-2141 to reserve  
your spot!



# YMCA Fall 2025 - Indoor Swim Lessons

**Mondays & Wednesdays - Starting 10/6 - 10/22**

Twice a week for 3 weeks

Level 2 - 3:45-4:15pm

Level 3/4 - 4:15-4:45pm

**Y KIDS COST:**

**Member: \$48**

**Non-Member: \$80**

Discount already applied

**Level 2 - Learn to float on their front and back on their own**

**Level 3 - Learn to swim 10 yards on their front and back**

**Level 4 - Learn to swim 15 yards using the front and back crawl**

If these dates and/or times do not work for your Y Kids, please refer to the other Fall Swim Lessons flyer for additional opportunities

If you choose to sign your child up for these specific lessons, Y Kids Staff will take them to and from these lessons. Any other lessons outside of this timeframe, kids will need to be accompanied by a parent/guardian.

**Children may only be signed up for one lesson, per session. Sessions will be held monthly**