



Red=Closed

Yellow=Registration Required

All other activities are first come, first serve

INDOOR AQUATIC CENTER

July Lap Pool Schedule

Mon	Tues	Wed	Thur	Fri	Sat	Sun
Lap Swim 5:45-7:45a ALL LANES	Lap Swim 5:45-7:45a ALL LANES	Lap Swim 5:45-7:45a ALL LANES	Lap Swim 5:45-7:45a ALL LANES	Lap Swim 5:45-7:45a ALL LANES	Lap Swim 7:00-10:15a 4 Lanes Laps 2 Lanes Water Walking	CLOSED
7:45-8a Guard Break	7-7:30am Joint Friendly Class (1 lane)	7:45-8a Guard Break	7:45-8a Guard Break	7:45-8a Guard Break	Guard Break 10:15-10:30a	
8-8:45am Aqua 1 Class 2 lanes	7:45-8a Guard Break	Lap Swim 8-10:30a 4 lanes lap	Lap Swim 8-10:30a 4 Lanes	8-8:45am Aqua 1 Class 2 lanes	Lap Swim 10:30a-12:30p	
Lap Swim 8-10:45a 4 lanes lap	Lap Swim 8-10:30a 4 Lanes	9:15-10 Water Beware 2 lanes	Joint Effort Class 9:30-10:30a 2 Lanes	Lap Swim 8-10:45a 4 lanes lap		
10-10:45am Aqua 2 Class 2 lanes	Joint Effort Class 9:30-10:30a 2 Lanes	10:30-10:45a Guard Break	Guard Break 10:30-10:45a	10-10:45am Aqua 2 Class 2 lanes		
11-11:15a Guard Break	Guard Break 10:30-10:45a	Lap Swim 10:45a-1:45p 4 Lanes 2 WW Lanes	Lap Swim 10:45am-1:45p 4 Lanes 2 Lane Class/WW (After 11:30am)	11-11:15a Guard Break		
Lap Swim 11:15a-1:45p 4 Lanes Lap 2 WW Lanes	Lap Swim 10:45am-1:45p 4 Lanes 2 Class/WW(After 11:30am)	1:45-4:15pm CLOSED	1:45-4:15pm CLOSED	Lap Swim 11:15a-1:45p 4 Lanes Lap 2 WW Lanes		
1:45-4:15pm CLOSED	1:45-4:15pm CLOSED	4:15-7:30pm Lap swim	4:15-7:30pm Lap Swim	1:45-3pm CLOSED		
4:15-7:30pm Lap Swim	4:15-7:30pm Lap Swim		6-7pm Aqua Tabata 2 lanes	3-5pm Lap swim		
	6-7pm Aqua Tabata 2 lanes					